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## NEWS RELEASE – MEETING AGENDA

TO: Concho Valley Regional Advisory Committee on Aging

FROM: Toni P. Roberts, Aging Services Director, Area Agency on Aging of the Concho Valley

DATE: May 15, 2017

SUBJECT: Meeting Agenda

The regular meeting of the Concho Valley Regional Advisory Committee on Aging will be held Wednesday, May 24, 2017 beginning at 10:00 a.m. at the Concho Valley Regional Training Center, 2801 W. Loop 306, Suite A, San Angelo, TX.

### AGENDA

1. Determination of a quorum and call to order Maggie Farrington, Chair
2. Invocation & Pledge of Allegiance
3. Welcome guests
4. Review/Approval of minutes from March 22, 2017 meeting
5. Vote - new member: Linda Alastuey - Concho County
6. Texas Silver Haired Legislature Report (TSHL) - 3 representatives for Concho Valley
7. Older Americans Month - State and Regional Proclamations; Resource Fair
7. Aging Director's Report: Toni P. Roberts - Closeout completed (email), EBI - General Stress Busting program, Budget Overview, Quarterly Performance Report (QPR) due June 20th, Rate setting process update, Ombudsman on-site monitoring completed (email), Annual SHIP award - approved, 5310 Urban Transportation program; Executive Committee updated about need for members; MIPPA awareness activities; Volunteer Policy Readiness Assessment update; SMP MOU
8. Operating Guidelines Subcommittee(s) - RACOA Chair: Maggie; Members: Dolores, Beth, Erin, Mary Cortinas - scheduled to meet 9am 5/24/17
9. Other Business/Announcements - July presentation by Senior Medicare Patrol, pending.
10. Next Meeting: **Wednesday, July 26, 2017** - Concho Valley Regional Training Center

**MINUTES OF MEETING**  
**REGIONAL ADVISORY COMMITTEE ON AGING**  
**March 22, 2017**

The Regional Advisory Committee on Aging (RACOA) met on Wednesday, March 22, 2017 beginning at 10:00 a.m. at the Concho Valley Regional Training Center, 2801 W. Loop 306, Suite A, San Angelo, Texas.

**Members present were:**

Mary Cortinas  
Maggie Farrington  
Beth Grounds  
Margie Hernandez  
Sherry Hubbard  
Erin Kelly  
Deborah Palmer  
Mary Roden  
Dolores Schwertner

**Staff present were:**

Toni P. Roberts  
Mayra Esparza  
Yolanda Torres

**Guests included:**

Linda Alastuey  
Shandy Childs - Voted in as member  
August Roden  
Amy Schmitzinsky  
Tonya Starkey - presenter

## **BUSINESS**

### **CALL TO ORDER**

Chairman, Maggie Farrington, announced the presence of a quorum and called the regular meeting of the Regional Advisory Committee on Aging (RACOA) to order at 10:15 a.m.

### **INVOCATION AND PLEDGE OF ALLEGIANCE**

Mary Roden gave the invocation and Chairman Farrington led the Pledge of Allegiance.

### **WELCOME GUESTS**

All guests were welcomed. Member Mary Cortinas introduced guest Amy Schmidtzinsky with the Heritage House program in Kimble County.

### **APPROVAL OF MINUTES**

The minutes of the January 25, 2017 RACOA meeting were reviewed and approved; noting one correction to be made under adjournment.

### **VOTE NEW MEMBER**

Nominee Shandy Childs, St. Gabriel's Hospice, was unanimously approved.

### **TEXAS SILVER HAired LEGISLATURE (TSHL) REPORT**

Member Sherry Hubbard provided a brief update on TSHL activities. Mrs. Hubbard stated that TSHL members are preparing for a July training. TSHL members are required to cover a majority of their own expenses when traveling on behalf of TSHL.

The Aging Director provided an update - three individuals filed an application packet to serve as TSHL representatives for the Concho Valley region, by the required date: Sherry Hubbard, Wayne Merrill, Brigitte Rogers. An election will not be required since there are not more than 4 individuals that applied to serve as TSHL for the region. The Director will complete the required paperwork and submit to the TSHL Chair of Elections.

### **AREA AGENCY ON AGING (AAA) DIRECTOR'S REPORT**

Director Roberts provided an update on member Ralph Teague. Mr. Teague submitted his resignation prior to the March meeting, due to health concerns.

Director Roberts provided an explanation regarding the FY 16 Closeout process, specifically the Evidence Based Intervention (EBI) program. The HHS office has informed the AAACV that it is required to ensure that an EBI program is offered and that reporting is properly documented in the State database. For FY 17, the AAACV must ensure that if there are expenditures for the EBI program, there must also be active participants/units documented in the State database. The AAACV will offer Caregiver Stress Busting - General, for FY 17. An explanation was provided on the guidelines of the program. The AAACV will explore various options to identify Caregivers and possibilities on offering Caregiver respite.

Member Mary Roden offered the suggestion that the AAACV network with local hospitals to see if Respite services are offered. Director Roberts offered an explanation on the changes that have occurred with the Caregiver program over the past year. Goals are to offer more services for the Caregiver clients, over the coming year that may include: Income Support, Residential Repair, and Health Maintenance.

A discussion was held regarding the provider registry for the Caregiver program. Some concerns were noted regarding the need to complete background checks for individuals listed on the Caregiver registry. An explanation was provided in regard to how the rate is negotiated for individuals who serve as a provider.

Member Deborah Palmer offered a suggestion to contact Laura Serrano or another staff with the Veterans Service office to see about coordinating a Stress Busting course with the Caregiver program that is offered through the VA office.

A brief overview of the FY 17 budget was provided. A working budget will be submitted to the State in the coming weeks. AAA staff, Yolanda Torres, offered an overview of the annual Rate Setting process. Currently, there are eight Home Delivered meal providers and nine Congregate meal providers that serve as partners with the Area Agency on Aging for the Concho Valley region.

Brief update regarding the upcoming Ombudsman on-site monitoring was completed. Scheduled date for monitoring is April 11 through April 13, 2017. Also, noted was the completion of the annual SHIP/CMS grant application which is one of the primary funding sources for the Benefits Counseling program.

The Aging Director provided an overview of the Transportation services that have been offered for FY 17. There are three funding sources offered for Transportation Demand Response services: AAA, 5310 Rural and 5310 Urban. Funds have been expended through the 5310 Rural program, as well as, AAA sponsored trips. With 5310 funding, Elderly and Disabled clients were not limited to specific destinations within the Concho Valley region for their trip planning, but were required to stay within the allotted number of authorized trips. AAA sponsored trips were only to/from the Senior Center for individuals 60+. For the 5310 clients, an individual is considered elderly at 65 years of age and older and disabled at any, with documentation that confirms a disability. Trips for 5310 Urban have been underutilized. The AAA staff will continue to work closely with the Concho Valley Transit District to ensure utilization of the 5310 Urban funds.

#### **DISCUSSION REGARDING SUBCOMMITTEES**

No meeting was held prior to the March 22<sup>nd</sup> meeting. Confirmed members for this subcommittee include: Mary Cortinas, Maggie Farrington, Beth Grounds, Margie Hernandez, Erin Kelly, Dolores Schwertner. RACOA Operating Guidelines were provided to the Subcommittee members. Members will contact the Aging Director with any suggestions and the Aging Director will provide the members with questions/suggestions regarding updates prior to the May meeting. This subcommittee will be reviewing RACOA Operating Guidelines since Foster Grandparent & Senior Companion Programs no longer participate in the Committee and to complete an overall review of the current guidelines.

#### **OTHER BUSINESS / ANNOUNCEMENTS**

Profile for Older Americans for 2016 was provided to members. Member Mary Roden provided an update for Schleicher County. Member Sherry Hubbard provided an update for Kimble County. Member Margie Hernandez explained that a blood pressure/blood sugar clinic was started in Paint Rock, through networking since the last RACOA meeting. Margie is open to work with other members to bring similar services to the surrounding counties.

#### **ADJOURNMENT**

The meeting was adjourned at 11:25 a.m. Duly adopted at a meeting of the Regional Advisory Committee on Aging this 22nd day of March 2017. The next RACOA meeting is scheduled for Wednesday, May 24, 2017.

\*\* A presentation was completed at the end of the RACOA meeting by Tonya Starkey, LCSW, with the West Texas VA Health Care System.

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